

Monday, April 3rd

Course Title: **Introduction to Digital Marketing**

Tutor: Emma Lupton

Times: 10am to 12noon

Learn how to promote yourself or your own business in today's online environment.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Course Title: **Introduction to Art for Childcare**

Tutor: Monica Boyle Perry

Times: 12:30 to 2pm

Explore a range of creative activities with pre-school art and craft.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Tuesday, April 4th

Course Title: **Introduction to Caring Skills**

Tutor: Louise O'Donovan

Times: 10am to 12noon

Gain an appreciation of the qualities required to care effectively.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Course Title: **Baking Made Easy**

Tutor: Donncha Kiely

Times: 2pm to 4pm

See how a few simple mixes can be turned into a variety of appetising bakes. Make your own brown bread and some sweet treats while adapting to different dietary needs.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Wednesday, April 5th

Course Title: **Fusion Cookery**
Tutor: Conor Sheridan (Glandore Bistro)
Times: 2pm to 4pm

Experience a fusion cookery demonstration with a mixture of different multi-cultural flavours and foods.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Thursday, April 6th

Course Title: **Textile Fabric Manipulation**
Tutor: Paula Marten
Times: 2:30pm to 3:30pm

A workshop creating quick textile samples with fabric manipulation including embroidery.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Friday, April 7th

Course Title: **Introduction to 20th Century Art & Drawing**
Tutor: Carin McCana
Times: 11am to 1pm

Gain an introduction to the history of art in the 20th Century and learn how to draw.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**

Course Title: **Introduction to growing your own food**
Tutor: Michael Burke
Times: 1:30pm to 3pm

Gain an understanding of how to grow food from seed. Learn how to produce a few easy to grow salads to complement your dishes.

Bookings can be made by **Telephone: 028-21644 Email: maireosullivan@ccoc.ie**